

## THE ANSWER MY FRIEND...

The other morning I was having a time of reflection, meditation and contemplation, as I like to do in the early morning hours before starting my car to go to work. Suddenly from out of the blue some lines of two different songs came into my remembrance. These songs I had forgotten all about I've not heard either of them for years. The name of the first song that came was the song "When Will They Ever Learn". The other one that came to me was the song that came out I think... sometime in the 50s or 60s entitled "The answer is blowing in the wind".

I knew what the essence of the message was, that was coming to me as I began to hum the melody of these songs. The significance of these particular two songs that came was just a reminder to me once again, that only from within would spirit give me the direction for these days... that I only need wait and listen with patience for the answers to come from within me. "The answer my friend is blowing in the wind, the answer is blowing in the wind," went this beautiful meaningful song through my mind as spirit breathed encouragement through me.

That encouragement was for the purpose of instilling even more in my consciousness the importance of looking within my own heart for the guidance that's always there and ready to speak a word to me in season... the word that lifts me up and fills my soul with gladness and thanksgiving because I know I've heard from the one who dreams this life I'm living and that his whispering in the wind the answers I need, will eventually awaken me in the early morning and I shall awaken with gladness knowing I've just slept another night away.

As a lucid dreamer I search for the dream sign that will trigger my consciousness to fully awaken. It is for this that I listen for the voice that comes from within me knowing there are no real answers out there. The words to that song... "**When Will They Ever Learn**" are words I can almost hear my own heart asking. How long it often takes for us to at last... once and for all... know at our deeper level that it is only as we learn to listen for the silent voice that would speak and reveal to us those things that have as yet never entered into the hearts of men that we know that voice.. The verse... "Thou shalt hear a voice behind thee saying, this is the way, walk ye in it"

Could it be that the voice is behind me because I'm usually walking in the opposite direction that I should be? This would be walking according to the ego which is often in the opposite direction. And yet there is no condemnation, never any judgment just a wee still small inaudible voice, that speaks ever so softly, so soft that I must truly get very quiet in order to hear what it would say to me. It has so few words to say at any particular time but oh my... the power in that word that often moves mountains that loom before me that would block my path.

So as I reflected on all that these two songs brought to me yesterday I was reminded that all we really need do, especially in these days, is learn the art of getting quiet and listening. That is the one step I must take. When I take that one step... spirit... that one that fills all in all will always without fail, speak the word of life to me and as I make this a practice in my daily life it will break through the fog, and every limitation that exists in my mind will fall by the wayside. It is only in the mind of man that every limitation exists. They are created there and sustained by the mind. everything I could ever desire is only to be found within my own heart..

