

RESISTING RESISTANCE...

For 24 years I lived with someone who attempted to control me I always resisted. I knew of the bible verse that said resist not evil. At this time in my life I really didn't grasp what this meant. Today I do, yet I still become offended when anyone attempts to control me in any way. I know who I want to be in this, but I don't always make the grade. I have at least gotten to where I never control another, and I have no doubt that this is the reason I get up tight when I get control from anyone else.

Our nature is such that when we gain some ground in an area, we then seem to have little patience with others who still fail in that area. This seems to be a trait of humanity in general. You have presented to me a very good question. I'll try to explain it this way. First of all, before I begin, I want to say that the only judgment is that judgment that I bring upon myself as a result of the vibrations I offer at any one time. There are I would say two basic levels of resistance.

I must go to the Abraham teachings because it's really the best way to share what I see on this resistance issue you've brought up. Let's say that Ruthann was like the wife I just mentioned who was very domineering. We'll say that as soon as I come home from work the first thing I encounter is Ruthann is complaining because she says I never do anything right, that I never do this and I don't do that and she's in my face because she says I need to get a better paying job etc, etc.

Then she gives me an order. I'm not to buy any tires for my car yet they are bald and I've already had to fix three flats. She knows I've said that soon as I get home from work I'm going to buy the tires. So... I go out to buy them with her screaming at me telling me what she'll do if I don't do what she says, still I leave and I go buy four new tires. Now, all while she was hollering at me I was boiling mad. I slammed out the door and very angrily bought the most expensive tires they had.

Now, on two levels I have resisted. I totally resisted her order and did what I felt I needed to do. I went out and bought the tires. So in no uncertain terms, I certainly resisted her will. This resistance was fine. Regardless of her demands and threats I did what I knew was the right thing to do. I resisted being a doormat. This is fine. There was zero failure on my part in doing what I did. I resisted her and did what was right, what I felt clear to do. It was necessary, I knew it and I resisted her and did it. Where the failure came in was I did not resist the anger.

I became angry thus I resisted the dark energy that was coming at me big time. Had I of had the presence of mind to rise above that energy, instead of the anger there would have been a burning pain instead. Then to have embraced this pain, the fire/heat from the burning would have consumed some of the old ego man whose toes had been stepped on, and in its place would have been left another degree of that liquid love you talk of. What we are or at least should be resisting is not people but the ego that demands its rights.

In other words, what we need to learn to do is to resist resistance, meaning any negative emotion. Negative emotion, especially anger is destructive and harmful to our physical man. It causes poison to be released into the bloodstream and that is not good. It also utterly destroys any and all connection to our source. So dear sister, the only thing we need to be aware of is that it is only

negative emotion that is detrimental to our progress. I am free to resist the control of another but not the pain it brings. I can resist anything I desire but there are consequences depending on many variables.

The highest road to take if you can is resisting the anger and if you truly are able to do this, what will be left is the pain that will feel like a burning. The burning is transmuting the old into the new.
“Our God is a consuming fire.