

## ANSWER TO A FELLOW TRAVELER...

Friend.

I have come to the conclusion that so much of mankind's ailments are the result of stress (brought on by self-loathing or hatred of/by others)...then how can a pill or a surgery or physical treatment touch that?

*I agree with you conclusion here with only a slight variation. I believe it would be right in saying that all "illnesses" are the sole result of stress. The biological evidence of stress is illness in its many forms. All stress is rooted in the ignorance of who we are, and the power we hold within that knowledge heals spontaneously. I believe that as the light of truth dawns upon our consciousness there is spontaneous healing that takes place and it's more or less to the same degree we come to where we are able to absorb this universal light.*

*What the meds do so often is simply treat symptoms. They do not address the problem. The problem remains and only the symptoms are gone. The drug then often works to create another imbalance in the body which creates more symptoms which are then treated with a different drug and so on it goes until many of us are carrying around with us a bag full of harmful pharmaceuticals. The pharmaceutical companies become wealthy which in the end results in them having too much power. In the ego driven world in which the ego man has created, he who's got the gold has the power.*

Friend.

It interests me quite a bit that Joel Goldsmith taught that any attention to our health (as bad or good) was erroneous.

And for over 40 years, except for injuries I received by the hands of others, I have enjoyed what the doctors call good or excellent health. Part of realizing that I am so much more than this little body seems to me to include coming into a spiritual view of my greater self...meaning astral or auric body, soul..and Spirit. I feel as a novice in the understandings of all this, but have had some insights w/ accompanying experience.

*What you see is what you get. The more I come to see with single vision the more all things will line up for me according to what I see and to the clarity and depth of what I see. All my life from time to time I've experienced strange things, symptoms that would periodically appear on my body. Not all of them strange enough to make the truth is stranger than fiction books but strange. This is not to mention other more ordinary things that sometimes still come. Whenever they have appeared I have always had the feeling that if I more or less ignored them they would eventually go away. This is almost always what has happened.*

Friend.

Which brings me to one thing that I marveled at that R. Steiner said to his lady friend in that letter I copied and sent you. If I remember correctly (and you may or may not have caught this)..he chose only to expound on spiritual insights/truths that he could back up by his own experience (not just mental agreement). What would it be like if in relating to others about our beliefs, we each did the same (i.e. could back it up by experience...and then share)? Just some thoughts...and yours? Gr

*I understand the logic in men such as Steiner that it's not good to share beyond ones experience, and all of us should live by what we understand to be the highest good for themselves and others. As for me personally to share only what I have experienced is for me to hold down what I believe to be true. I cannot live by this rule/concept. Chances are if I could sit down with Mr. Steiner over a cup of coffee, he and I may very well agree concerning his statement here in his letter to the lady friend. As for the face value of his comment I cannot agree.*

*This is primarily the reason I try to refrain from making concrete judgments on things I read that someone has written if I cannot agree with it. Words written are too easily misconstrued. As for me, I often share beyond my experience. If I were required to share nothing but things that I have experienced I would be extremely limited in what I could share. I share what I see with others regardless if it's been my experience on the physical plane or not which brings up this question in my mind.*

*Would not what I see in the spirit be an experience? And if not as some would tell me, why would I need to wait until it manifests on the physical plane before I share it? My answers to these questions may be different then someone else's. I feel that anything one share's that is positive must be true on some level. Much of what I share that I see today used to make my human mind go bonkers. I was assaulting the human mind {that devil that sat somewhere between my ears} and that was a good thing. I often, in my earlier years made deliberate assaults on my mind for the purpose of stretching it to accommodate the truth.*

*I would stand in my living room and make affirmations like "I am Alfa and Omega the first and the last, the beginning and the ending of all things." "I am the one and only power in all of creation and there are no other Gods before Me." etc. etc. "I am that which animates all creation on all levels of all that is." as I made theses statements I could almost feel my intellect being stretched. Always when I did these two things this was my experience. My mind went tilt and my spirit leaped. I have "experienced" this but on the astral level/spiritual level.*

*The affirmations were made in naked faith because my mind would totally and*

*violently object. At a deeper level I knew that what I was doing was taking sides against the lie and standing with the truth of Being, my true identity. If I share anything and later come to believe or see that it was not according to the truth of Being, I would make it known to anyone I had shared with. This has not occurred at this point. If I waited until all I see became my experience on the three dimensional plane I would soon become bored and take up bungee jumping. 😊*

*Our vision in the age is growing deeper by leaps and bounds. My feeling is when we share in faith what we see it becomes that much closer to manifesting on the physical. I see the two as closely related. The new earth is being created as we grow from duality into the one mind. What I see is what I get. So if I share what I see and others see it too as a result they also get what they see as well even though like me they may not see it now. This is why I believe in sharing what I see regardless of whether it has appeared in my life on the physical level or not.*

*As for Mr. Steiner I read the write up on him you sent. He must have been a very insightful individual.*

*Ron.*

*P.S. What to the human mind is the devil, to the mind of Christ is the contrast that results in expansion, and evil so called is in the eye of the beholder only. It is only real on the dream level. The new earth is here now. It's the kingdom the master spoke of two thousand years ago. Call it the kingdom, the new earth or anything else, it is a world where Love is king and it is within us waiting for us to enter it and bring it into manifestation.*