

A Body Hast Thou Prepared Me.

**Hbr 10:5** ¶ Wherefore when he cometh into the world, he saith, Sacrifice and offering thou wouldest not, **but a body hast thou prepared me:**

Us human beings are fearful of many things, we concern ourselves over many things, but I would venture that one of the greater of these is Loneliness. I think everybody is fearful of being alone, or being left alone, and for many; they are not too comfortable with their own company. I think we even have a saying, "misery loves company". I would say misery 'craves' company, for loneliness can and does create misery, so in order to cure the 'feeling', the 'emotion' of misery, company must be sought. We have to be fulfilled, we have the deep inner need to be whole and not to be lonely, and we seek out many devices, and many ways to fulfil (fill us up), that we may not feel empty (lonely). I do not have enough paper here to make the list of those devices.

But, fear not - "A body hast thou prepared for Me". A body He has prepared for You.

What does loneliness say? It says, " I am on my own". It says. " I have nobody". Yet we are told a body hast thou prepared for me, so how can I say I have no-body? let's look at these two statements separately:

"I am on my own".

*Who is, on their own?*

Well, I am.

*And who is that?*

Well, me,

*And who is this me? Perhaps this ME that you feel you are is not the true ME and therefore you have denied this ME a body, (your body), to live in.*

"I have no-body"

*Yet you do have a body, you can see it looking back at you when you stand in front of the mirror.*

"No, I mean I have nobody else, I only have me.

*Again I say, and who is this me? Perhaps this ME that you feel you are is not the true ME and therefore you have denied this ME a body, (your body), to live in.*

*A body thou hast prepared for ME.*

You see this body that you live in, this body that reflects back to you from the mirror, is stolen property. It has been stolen and usurped by a thief. That's why you feel lonely, that's why you feel you have nobody, no-body. For even though this body is rightly yours, 'for it has been prepared for you', it has indeed been stolen. "Who is this thief that has stolen MY body"? You ask. Well it is John Doe, Mary Smith, Fred Bloggs, put your own name here.....

Your body has been stolen by this person, and this person has used it and lived in it for all these years, and has caused YOU, yes YOU, the real YOU to become lonely.

So take it back, claim your inheritance, and press your claim, that which is rightfully yours. Unless YOU and your body are re-united, you can never BE One. I speak to YOU, and YOU alone. Take back that which is rightfully yours, for I Myself have prepared it for you.

**Mat** He that findeth his life shall lose it: and he that loseth his life for  
**10:39** my sake shall find it.

**Jhn** The thief cometh not, but for to steal, and to kill, and to destroy: I  
**10:10** am come that they might have life, and that they might have [it]  
more abundantly

Yes, I have come, that YOU may have LIFE, Here and Now in this very body that I have prepared for you. Take it back and BE.